

The Bellevue Neighborhood Mediation Program presents:

***Workshop on***  
**Conflict Coaching**



**with Robin N. Amadei, JD**  
**Thurs. March 17th 9:00 am—5:00 pm**  
**Bellevue City Hall, Room 1E-108**  
**Cost: \$95.00**  
**Free Parking**

**For more information or to register, call 425-452-4091 or  
email: [gjones@bellevuewa.gov](mailto:gjones@bellevuewa.gov)**

Conflict Coaching is defined as a set of skills and strategies used to support peoples' ability to engage in, manage, or productively resolve conflict. It is a one-on-one process in which a coach assists people to address interpersonal disputes either in mediation or unassisted negotiations.

This one day workshop will include:

- an overview of the coaching process;
- how conflict coaching differs from other types of coaching and mediation;
- attributes of a conflict coach;
- coaching steps with demonstration and practice;
- skills of a conflict coach;
- providing feedback as a coach.

This workshop will be highly interactive, including discussion, demonstration and practice.

Instructor: Robin Amadei, JD, owner of Common Ground Mediation Center in Boulder, Co. where she trains, mediates, facilitates and provides workplace assessments and conflict coaching. For more information about Robin, visit her website: [www.commongroundmediation.com](http://www.commongroundmediation.com)

Space is limited, so please register as soon as possible to reserve your spot by requesting a registration form and returning it with your payment.

For questions, email: [gjones@bellevuewa.gov](mailto:gjones@bellevuewa.gov) or call 425-452-4091.